

### CHIPPEWAS OF NAWASH UNCEDED FIRST NATION

# MATERNAL CHILD HEALTH NURSE

Department:
Program:
Report To:
Community Health Nurse
Full-time permanent
Hours of Work:
State of the state

## **JOB PURPOSE**

The Material Child Health Nurse (MCHN) is responsible to effectively plan, facilitate, and evaluate a comprehensive Maternal Child Health Program for the Chippewas of Nawash Unceded First Nation. The Maternal Child Health Nurse is accountable to health outcomes associated with First Nation maternal, infant, child and family health. The areas of focus include prenatal health, postnatal health and newborn care, nutrition, early literacy and learning, and physical, emotional and mental health. The Maternal Child Health Nurse is responsible for providing home visits in the delivery of program services to expectant mothers and families with infants and young children ages 0-6 years.

#### **KEY DUTIES AND ACCOUNTABILITIES**

- Provide supports and services to expectant mothers and families with infants and young children 0-6 years by:
  - o Role modeling and mentoring effective parenting skills and positive parent child interaction.
  - Identifying community members who are pregnant, and informing pregnant women about health, dental and resource supports.
  - o Promoting breastfeeding, support groups and providing supplies needed.
  - o Sharing experiences with clients through life and traditional/cultural experience to motivate change.
  - Providing health promotion related to preconception, prenatal and postnatal health;
  - Conducting assessments of mothers, infants and young children in relation to growth and development through home visits and clinic visits.
  - Making referrals to other programs and services as necessary.
- Assist in the provision of program delivery by:
  - Aiding in the development, delivery and management of culturally appropriate programs, services and initiatives for First Nations living on reserve.
  - Working in conjunction with pre-natal program, breastfeeding support and Community Health Nurses;
  - Assisting with providing social activities and workshops to community members;
  - Ensuring daily updating of case management purpose;
  - Maintaining a system of client and program records;
  - o Providing nutritional services and supports to improve maternal and infant nutritional health.

- Assist in the coordination of services and access to resources by:
  - Linking children and families to diagnostic services.
  - Coordinating with other community-based support services; medical, law enforcement or child and family services
  - Coordinating visits by or to health and other professionals (nurse, doctor, CHR, nutritionist, speech pathologist)
  - o Ensuring referrals and case management supports to improve access to services, including, but not limited to, children with special needs;
  - Providing joint activities (field trips, community cultural events, activity days)
  - Providing access to items such as moss bags, baby supplies, voucher or coupons for food, supplies for breast-feeding, purchase educational material, child care, transportation to programs, and referrals for access to screening and assessment services.
- Assist in the delivery of education and training for parents, families, community members and staff by:
  - Providing education on FASD related behaviours and strategies to target families and community members.
  - Educating and creating awareness of First Nation maternal, family, child health priorities, programs and partnerships through prevention, intervention and support.
  - Engaging with other community staff who work with young children to enable them to partner in programming and informing the community about programs and services offered
  - Training in Adverse Childhood Events Program, culturally sensitive Trauma Informed Care, and lactation consultation.
  - Providing education on healthy eating, prenatal nutrition, child nutrition, group nutritional counselling, physical and literacy activities, parenting skills, cooking classes or community kitchens, family planning and traditional/cultural teachings.
- Collaborate with First Nations, governments and community partners in the region by:
  - Working collaboratively with other First Nation communities who deliver community-based health programs.
  - Working collaboratively with the Community Health Nurse, Community Health Representative,
     The Mental Health and Addictions Worker and Harm Reduction Outreach Worker(s)
  - Working collaboratively with area hospitals in relation to providing support services to parent(s)
  - o Working collaboratively with other health professionals including Grey Bruce Health Services.
  - o Working collaboratively with the Family Wellbeing Workers and Band Representative.
  - Working collaboratively with Elders of the community to provide teachings.

#### REQUIREMENTS

# **Education and Experience:**

- Registered Practical Nursing Diploma
- Minimum one year experience in a community health services, preferably in a First Nation community or setting.
- Current registration with the College of Nurses of Ontario in good standing
- Minimum one (1) year in maternal health "Well-being".

## **Designations, Licences & Requirements:**

- Valid Ontario Class G driver's licence
- Current Level "C" CPR and First Aid or obtain with 3 months of hire.
- Access to reliable transportation.
- Criminal Record and Vulnerable Sector Check
- Possess a valid First Aid and CPR certificate or willingness to obtain within 3 months of hire.
- Training and certification for WHMIS 2015, Occupational Health and Safety Awareness, Workplace Violence and Harassment for Workers, COVID-19 Health and Safety, Health and Safety Overview or willing to obtain.

#### Knowledge, Skills & Abilities:

- First Nations culture and traditions (specifically Ojibway)
- Be familiar with newborn screening, vaccinations care, and prenatal health care programs.
- Knowledge and ability to educate new parents about healthy living.
- Knowledge and skilled ability to measure healthy growth and development in babies and children
- Willing to take continuing education
- Experience in computer programs (Microsoft email, internet, Word, Excel)

# **PROBLEM SOLVING & COMMUNICATION**

- Facilitate workshops and information sessions, conduct interviews, intakes, and assessments
- Liaise with community programs, Family Well Being and Community Nurses, other Family Services Support staff and other stakeholders to ensure client needs are met
- Maintain effective communications with a wide array of individuals to reach strategic goals

#### **DECISION MAKING & IMPACT**

- Ability to work in a dynamic environment, as a part of a team and independently with minimal direction
- Must prepare the 1-3 years timespan work plan for approval by supervisor.
- Prepare and manage budgets that is approved by supervisor.

#### **SAFETY RESPONSIBLITIES**

- Ensure thorough understanding of Health and Safety Policy and Procedure Manual and Occupational Health and Safety acts and regulations
- Ensure using prescribed protective equipment and/or devices for safety and setting example
- Follow reporting for potential and actual hazards

| • Ta                     | ke every reasonable preca   | aution in the circumstances for the prote   | ection of self and others            |  |
|--------------------------|---|---|--------------------------------------|--|
| STAFF REPORTS            |   |   |                                      |  |
| • No                     | direct reports, but may be  | e required to show others how to perform  | <mark>m tasks</mark>                 |  |
| WORKING                  | G CONDITIONS  |   |                                      |  |
| 1.                       | Physical Demands – Long periods of sitting, standing, typing and some walking. Lift of some objects not exceeding 10 lbs.   |   |                                      |  |
| 2.                       | <b>Environment</b> – Mainly an office environment and indoor locations with some exposure to outside during travel and events. Minimal exposure to hazardous material (cleaning supplies) |   |                                      |  |
| 3.                       | Mental Effort – Quick thi   | ental Effort – Quick thinking for frequent handling of difficult situations that some may find ressful and or upsetting. Accuracy of reports and meeting deadlines. Deal with compassion tigue. |                                      |  |
| 4.                       | 4. Position Type/Expected Hours of Work – Regular full-time hours of 37.5 hours per week with availability for evening and weekend work as required                                       |   |                                      |  |
| not intend<br>associated | ed to be an exhaustive list d with the position.  | onvey information essential to understant of experience, skills, efforts, duties, restor comply with the above job descrip  | sponsibilities or working conditions |  |
| Employee                 | e Name  | Employee Signature  | Date                                 |  |
| Supervisor Name          |   | Supervisor Signature  | Date                                 |  |