

# Intranasal Naloxone

can temporarily reverse opioid overdoses. Opioids include:

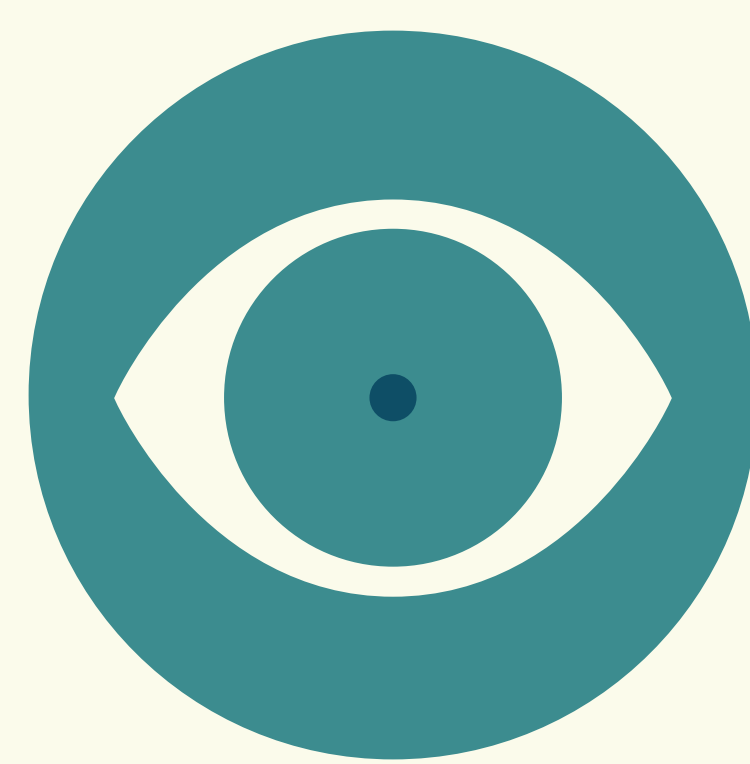
{ Codeine Demerol Hydromorphone Heroin Oxycodone  
Dilaudid Morphine Buprenorphine Fentanyl Methadone

1

## Signs of an Opioid Overdose



Soft/no breath  
or snoring



Pinpoint  
pupils



Blue lips, nails,  
or skin



Cold,  
clammy skin



Limp  
body



Doesn't respond  
to shouting

2

Call 911

3

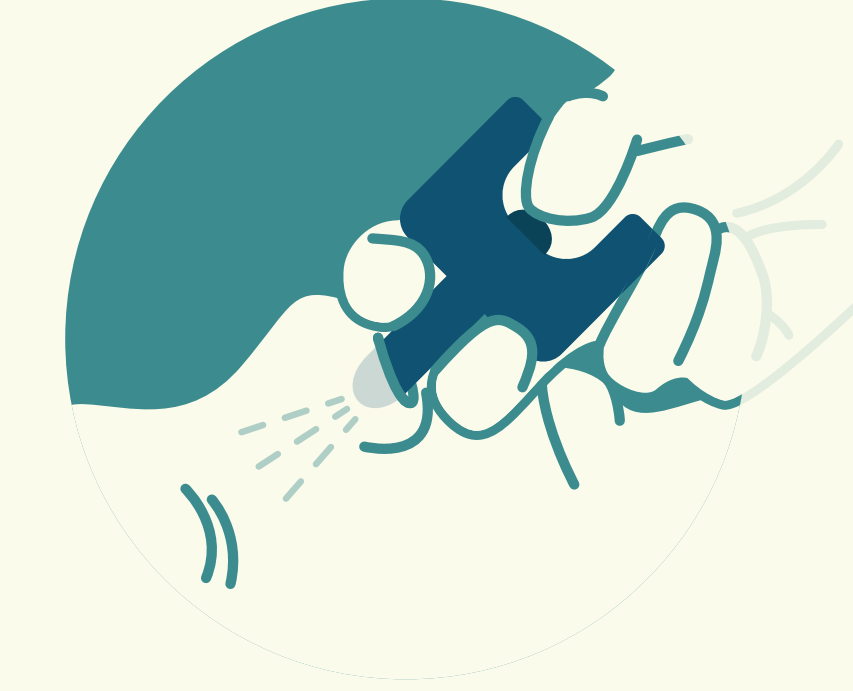
## Give Naloxone



Peel the  
package open



Place your thumb  
on the plunger



Press plunger  
firmly into nostril

4

## Check The Person's Breathing

Breathing



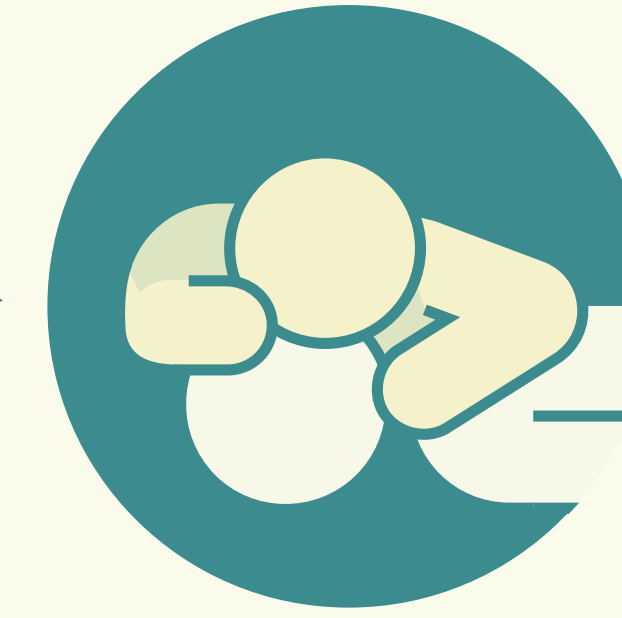
Put person in  
recovery position

- Hand supports head  
- Knee stops body from  
rolling onto stomach

*Rescue breathing:*  
Tilt head back, lift  
chin, pinch nostrils  
closed, give breaths

*Compressions:*  
Push hard and fast in  
center of chest to the  
beat of *Stayin' Alive*

Not Breathing



Give rescue breathing  
and/or chest compressions



5

## Stay Calm

If no improvement after 2-3 minutes, give another dose and continue rescue breathing and/or chest compressions until help arrives

More info:

<http://harmreduction.org/issues/overdose-prevention/overview/overdose-basics/>  
<http://www.ccsa.ca/Resource%20Library/CCSA-CCENDU-Take-Home-Naloxone-Canada-2016-en.pdf>  
<http://www.albertahealthservices.ca/info/page12491.aspx>  
<http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6423a2.htm>

UNIVERSITY OF WATERLOO  
FACULTY OF SCIENCE  
School of Pharmacy  
©2018 Pharmacy5in5.com

PUBLIC  
HEALTH  
GROW BRIDGE HEALTH UNIT