

The Program is 6 weeks long and starts on  
July 4th, 2022.

# Virtual addiction treatment

**A partnership between Renascent and  
M'Wikwedong Indigenous Friendship Centre**

## Virtual Intensive Treatment Program

At Renascent, we help change lives by providing high-quality addiction treatment and mental health support. Using the latest, secure virtual technologies, clients can access Renascent's government-funded Virtual Intensive Treatment Program from anywhere. This evidence-based program is trauma-informed and concurrent capable for those with co-existing mental health conditions.

## About the Renascent & M'Wikwedong Indigenous Friendship Centre Partnership

Renascent has partnered with M'Wikwedong Indigenous Friendship Centre (MIFC) and adapted its Virtual Intensive Treatment Program specifically to serve members of the Indigenous Community who are struggling with drug and alcohol use. The program includes core aspects of Indigenous culture and spirituality to ensure clients have a holistic and authentic approach to their recovery.

Clients will meet at MIFC for group and individual sessions throughout the duration of the program and will be fully supported in utilizing and accessing the virtual technology needed to attend the Program. The majority of the sessions are led by Renascent, with the exception of the spiritual care sessions which are led by MIFC spiritual elders and knowledge keepers. The sessions include Indigenous-aligned programming, support groups and therapeutic modalities.

Program participants are able to receive additional support and resources from MIFC to enhance their recovery.



*I was given a second chance with Renascent – which transformed my life. The Virtual Intensive Treatment Program helped me understand and process my experiences, gave me connections to others who understood what I was going through, and provided tools to help me abstain from drinking while remaining at home. This was my first time participating in any type of virtual setting and I was pleased by how engaging it was. The counsellors were welcoming and I was amazed at how quickly we all bonded. I am so grateful for my journey with Renascent, as being sober gives me a whole new perspective on life.*

– Pat S., Former Virtual Intensive Treatment Program Client

**STARTS  
JULY 4**



## Program features:

- Six weeks of intensive treatment from Monday to Friday
- Twice-daily group counselling sessions with expert clinicians and therapists
- Weekly therapeutic assessments
- Daily recovery-based assignments
- Daily 12-step meetings and access to other peer support programs
- Extensive post-treatment planning
- 20 weeks of follow-up Continuing Care
- Alumni Care to support long-term recovery

## Benefits:

- **Convenience:** Clients have the flexibility to continue their daily lives while enrolled in this program.
- **Security:** Client safety and confidentiality is paramount and we only use secure and encrypted systems.
- **Expert Care:** Sessions are lead by certified, expert clinicians and therapists who provide evidence-informed treatment options.
- **Accountability:** Clients are held accountable through attendance at group and individual sessions.
- **Connection:** As experts in virtual treatment, our online environment fosters meaningful connections among clients during sessions.

For more information about this program or to access it, please contact **Theresa O'Connor** at [programmanager@mwikwedong.com](mailto:programmanager@mwikwedong.com)



*Renascent's Virtual Intensive Treatment Program is derived from a person-centred approach emulating our inpatient setting where possible, while providing the tools, resources and support our clients need to manage their recovery within their own home environment. Our compassionate clinical team has been effective in creating an environment that provides support, safety, structure and flexibility, preparing clients to practice the skills they learn right away in the real world.*

– Alessandro Motta, Manager, Virtual Intensive Treatment Program

**Learn more: [renascent.ca](https://renascent.ca)**



Clients must have access to a computer or laptop, internet access and be able to attend every day of the program. The Program is 6 weeks long and starts on July 4th, 2022.

Please Contact: Hollie Black, Indigenous Criminal Court Worker | M'Wikwedong IFC  
1045 3rd Avenue West | Owen Sound, Ontario | N4K 5W6 | 519-371-1147  
[acwp@mwikwedong.com](mailto:acwp@mwikwedong.com)



# - Labour Market Survey -

## Receive \$50 Gift Card on Tues. July 5

JULY 5



ABORIGINAL LABOUR FORCE  
DEVELOPMENT CIRCLE PRESENTS

### CHIPPEWAS OF NAWASH LABOUR MARKET SURVEY EVENT

*Do you want to use your voice to help your  
community serve you better, and **earn a \$50  
gift card for your time?***

Come take a very important 30-minute survey and  
earn a \$50 gift card! **Must be 15 years of age or older.**  
\*PLEASE NOTE: YOU ARE ONLY ELIGIBLE TO TAKE THE  
SURVEY AND EARN A GIFT CARD IF YOU HAVE NOT TAKEN  
THE LMI SURVEY IN THE LAST 10 MONTHS

 **Tuesday July 5th, 2022**  
 **9:00 am - 2:00 pm**  
 **Band Office - 135  
Lakeshore Blvd**

For any additional information, or if you  
are unsure if you are eligible please  
contact Meghan Maracle at  
[lmisurvey@alfdc.on.ca](mailto:lmisurvey@alfdc.on.ca)



Meghan Maracle, a Labour Market Survey Coordinator from Aboriginal Labour Force Development Circle, will be conducting the survey.

The Labour Market Information (LMI) Survey is part of a pilot project being conducted with 6 First Nations under ALFDC including Nawash. The survey asks community members about their current employment situation, education, and future training and job interests. The data collected is owned by each First Nation and is stored on a confidential database. The data may be used in ways to help match community members with jobs, identify training programs that will benefit community members, identify barriers when finding employment, and much more.

JULY 6



## Cooking with Dan

Have you ever wondered how CORN SOUP is really made?  
Register with us to find out! 519-534-4445

Dan Kimewon has been invited to come and show us the process to lye corn from the kernel with hardwood ashes. At the end of the day we will enjoy fresh CORN SOUP for SUPPER. Special invitation to NAWASH ININIWAG/men but all invited to register. This is an interactive workshop - you will be asked to help in the process, or in prepping for the soup. Sign up with us so we know how many to prepare for.



**WEDNESDAY, JULY  
6, 2022  
11:00 A.M. START**





# SHARING CIRCLE STARTING IN JULY

STARTS  
JULY 7

Beginning **Thursday July 7th**, 2022, the Health Centre will host Saskia MacMillan who will co-facilitate a Sharing Circle with a member of the health and wellness team. Sharing Circles will be offered the first Thursday of each month from 9:00 am until 12:00 noon.

Beginning **Thursday July 21st**, 2022, community members may schedule a one-on-one appointment with Saskia MacMillan to further discuss their concerns, care experiences, or to report complaints. You can schedule a time via email at: [macmillan@gbhs.on.ca](mailto:macmillan@gbhs.on.ca) or via telephone at: (519) 376-2121 extension 2308.

Appointments will be offered the third Thursday of each month from 9:00 am until 12:00 noon.

## THE PURPOSE OF SHARING CIRCLE

On behalf of the Chippewas of Nawash Health Centre, and in collaboration with Grey Bruce Health Services, we are pleased to announce the introduction of the Sharing Circle.

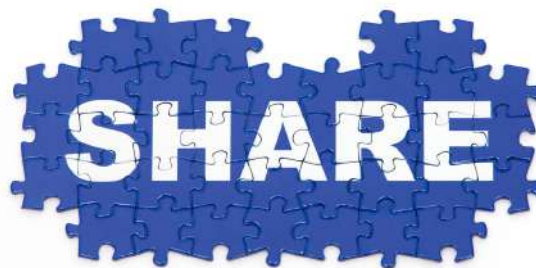
The purpose of the Sharing Circle is to provide a welcoming and supportive environment for members of our community, who may have had care experiences that fell short of expectations, the opportunity to constructively share and discuss concerns with a member of the patient relations team from Grey Bruce Health Services.

What to expect?

- Sharing Circles offer an opportunity to allow for trusting, respectful and reciprocal relationships to be built, strengthened and enhanced through improved communication.
- A Sharing Circle allows participants to see each other, and that regardless of our role, lived experience or capacity - we are all equal in a circle.
- A Sharing Circle reminds participants that they are not alone, and through sharing experiences, it is thought that we will develop new relationships that will survive the Sharing Circle.
- Sharing Circle, discussing concerns and/or reporting complaints may be emotional or even overwhelming.

Cynthia Porter, Health Manager  
Nawash Health Centre  
(519) 534-0373 ext. 226  
[healthmanager@nawash.ca](mailto:healthmanager@nawash.ca)

Saskia MacMillan, Patient Relations Advisor  
Grey Bruce Health Services  
(519) 376-2121 ext. 2308  
[macmillan@gbhs.on.ca](mailto:macmillan@gbhs.on.ca)





**FRI. JULY 8TH**



# **C.F.S.C**

## **CANADIAN FIREARMS SAFETY COURSE**

(UN RESTRICTED)

**Friday July 8th 2022 8am - 5pm  
at Maadookii Senior Centre**

Instructors: Ian and Sherry MacGregor (Switched on Securities Inc.)

Ages 12 and up

Valid I.D required for all participants  
Parent Consent required if under 18

**To Register Call Social Services/ALC  
519-534-3753**



Partnership between Social Services Employment  
Assistance, Adult Literacy Centre, and Board of Education



## Indian Day Schools Settlement & OW & ODSP

If you are on OW or ODSP and have or are expecting an Indian Day School payment, here are a few things that you may need to know and some things to think about.



### Is the Indian Day School Settlement exempt income and exempt asset?

Yes. Within the OW and ODSP legislation Indian Day School payments are considered an exempt income AND asset.

### Do I need to put my payment in a trust account to get the exemption?

You don't need to put your settlement into a Trust account.

But we do recommend you keep it in a separate interest free account. This is helpful to identify where your payment is and if you use it to buy other large assets such as a car, house etc.



### What about investments?

This depends on a few things. We encourage you to call our office to speak to someone more about your particular situation, so we can give you the best advice.

Ask us for more information if your scenario looks something like one of these:

- You have claimed for a deceased family member.
- You want to gift your settlement to someone who is on OW or ODSP.



Have other questions? Give us a call.



Chippewas of Nawash  
Social Services  
519-534-3753

GBCLC

Grey Bruce Community  
Legal Clinic  
Ph: 519-370-2200

## SOME OTHER THINGS WE HELP WITH:

### Off-reserve renting?

We can help with rental housing issues related to the Residential Tenancy Act (RTA). These can be things like:

- The process to have rental repairs addressed
- Conflicts between tenant and landlord
- Evictions



### Ontario Disability Support Program (ODSP)

We can help with issues that may effect your ODSP like:

- Application appeals
- Overpayments (for ODSP or OW)



### Human Rights Violations

Human Rights violations can be a tricky things to navigate. If your not sure and would like to know more. Give us a call.



### Employment



We help with employment issues where Provincial employment law (most likely off-reserve) is applied. We offer assistance with navigating this area of law.

### Public Legal Education

Public education can be formal or informal. From a phone call or a workshop. We can even work together to create something to to meet your community needs.



### Our Contact

Grey-Bruce Community Legal Clinic:  
Ph: 519-370-2200  
Fax: 519-370-2110  
945 3rd Ave est Owen Sound



*Please contact us with any questions or inquires.*

*In some case you may qualify for legal representation in some of these areas of law or we will provide you with a referral*



# INDIAN DAY SCHOOL

**DEADLINE TO APPLY:**

**JULY 13, 2022.**

**NO EXTENTION HAS  
BEEN CONFIRMED TO  
DATE**

## Need help getting a Sworn Declaration?

We are able to assist with the sworn declaration. We do not need to read your narrative. We are witnessing that you swear that everything is true to the best of your understanding and memory.

## Reconsideration letter?

If you have been sent a "reconsideration" decision letter, this usually means you have the option to provide more information or documentation to better support the level of compensation you first claimed for. We are happy to help with this.

## APPLYING AS A REPRESENTATIVE?

You can apply for a family member who has passed away on or after July 31, 2007.

You will need to know if they had a will or not- they may have already appointed someone to manage their estate.

For claimants who would have normally resided on reserve, you can apply through Indigenous Services Canada to be the appointed administrator. This can take some time so best to apply right away.

**DEADLINE  
JULY 13**

## We are approaching the deadline

Questions? You can also contact the administrator for the settlement:

1-888-221-2898

or

The legal representatives: Gowlings  
1-844-539-3815

We are quickly approaching the deadline. We may not be able to assist with everything but we are happy to help with anything we can.

## What is the Legal Clinic's role in this?

We are not parties to the lawsuit and do not offer legal representation in this lawsuit.

We continue to work with the community upon invitation with the Wellness Centre.

We offer assistance completing the claim process based on a client's needs.

Any questions about this handout give us a call.

## OUR CONTACT

Grey-Bruce Community  
Legal Clinic:

519-370-2200  
945 3rd Ave East  
Owen Sound





**THURS.  
JULY 14**

**MEET MINISTER PAM DAMOFF &  
CELEBRATE GIMAA KWE'S BIRTHDAY  
JULY 14TH: 12:30-2PM  
JOIN US FOR CAKE!!**



**MINISTER  
PAM DAMOFF**



**GIMAA KWE**



**Thursday, July 14th, 2022  
12:30pm-2pm**



**Administration / Band Office  
135 Lakeshore Blvd.**

We are planning an important and exciting visit next month to our community.

Minister Pam Damoff, Liberal Member of Parliament from the riding of Oakville North-Burlington is coming to visit our First Nation on my birthday, July 14th!

Minister Damoff has been very supportive since I met her at the Canadian Nuclear Conference in April. Like the members of the Nawash, Minister Damoff supports the partnership between the Nawash - five Oakville-Burlington high schools and Habitat for Humanity "tiny" homes project.

Minister Damoff is committed to helping the Nawash obtain funding for other needs such as combating the Opiate Crisis, the housing shortage, having clean water and building a healthy and safe community for our



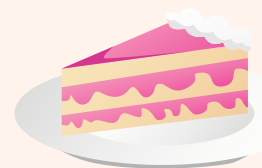
membership. She's been instrumental in arranging a brief meeting with Minister Ahmed Hussen, of Housing, and Diversity & Inclusion, and with Minister Patty Hajdu of Indigenous Services Canada regarding the funding shortfalls on our water treatment plant so we were able to lobby for more funding recently.

We look forward to Minister Damoff's visit to the Chippewas of Nawash Unceded First Nation on July 14th and please consider this your personal invitation to come and have a slice of Birthday Cake at the Administration Office, from 12:30 - 2 pm.

Last April, Minister Pam Damoff stood in the House of Commons and spoke about the Tiny Homes Program coming to Nawash later this summer. The video can be found here:

<https://www.instagram.com/tv/Cc0xwrTpkp-/?igshid=MDJmNzVkJjY=>

~ Chief Veronica Smith  
Gimaa Kwe



# Host a Household Information Session



## Food for Thought!

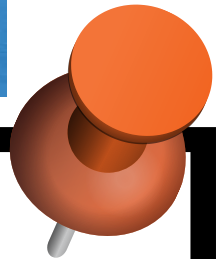
Do you want to know more about the Pumped Storage Project proposed in SON's territory?

Do you want to ask questions or voice your concerns directly with TC Energy representatives?

Sign up to host a household information session with a meal for your family and friends covered by TC Energy.

Contact the Environment Office at  
519-534-5507  
[energyassoc.tce@saugeenoiibwaynation.ca](mailto:energyassoc.tce@saugeenoiibwaynation.ca)  
TC Energy [stacey\\_john@tcenergy.com](mailto:stacey_john@tcenergy.com)

We look forward to meeting with you!



## Job Postings



### CHIPPEWAS OF NAWASH UNCEDED FIRST NATION

#### Maternal Child Health Worker

Band Member Preferred

Program/Dept: ..... Health and Wellness  
Reports To: ..... Community Health Nurse  
Type of Employment: ..... Full-time permanent  
Wage: ..... \$25.44 - \$31.63 per hour  
Hours of Work: ..... 37.5 hours per week  
Closing Date: ..... **Friday, July 8, 2022 -4:00pm EST**

#### MAADOOKII SENIORS GROUP

##### Part-time Maintenance person

Reports to: Office Manager  
Wage: \$17.00 per hour  
Hours of work: Up to 20 hours per week  
Closing Date: Monday June 27, 2022

contact the Maadookii Senior Centre at 519-534-4918  
[maadookii@nawashfn.ca](mailto:maadookii@nawashfn.ca)



#### MAADOOKII SENIORS GROUP

##### P/T BOOKKEEPER POSITION

SUPERVISOR: Office Manager/Executive Committee  
RATE OF PAY: Dependent on experience  
HOURS OF WORK: 10 hours per month

Closing Date: Monday June 27, 2022

contact the Maadookii Senior Centre at 519-534-4918  
[maadookii@nawashfn.ca](mailto:maadookii@nawashfn.ca)

Learn more about these opportunities and many more on our website:

<https://www.nawash.ca/employment-opportunities/>



# REMINDERS

## First Nations Drinking Water Class Action



- If you require a hard copy of the Claims form, please contact the Band Office.
- If you have any questions regarding this action, please call our consulting firm, Deloitte directly: 1-833-252-4220.
- Learn more at: [Firstnationsdrinkingwater.ca](http://Firstnationsdrinkingwater.ca)

## NAWASH POW WOW Sat. Aug 20th



The Pow Wow has been scheduled for Saturday, August 20th! We are in the very early days of coordinating and organizing this amazing event. Please note, it will only be for one day this year. More information will come.

## FINAL REMINDER

COVID-19  
Membership Benefit  
- Gift Card -  
**ENDS JUNE 30th**

### GIFT CARD

PLEASE NOTE THIS IS FOR REGISTERED  
CHIPPEWAS OF NAWASH UNCEDED FIRST  
NATION MEMBERS ONLY.

STARTS:  
MARCH 1, 2022



Call:  
1-833-602-0161  
or visit [www.nawash.ca](http://www.nawash.ca)  
for more information

## Newsletter

Hi everyone,

Please reach out to me if you have questions, suggestions or have content and pictures to submit into our newsletter.

I can be reached at: 519.534.1689 ext. 232

Or email: [communications@nawash.ca](mailto:communications@nawash.ca)

Thank you,  
Nahleena Tye -  
Communications Manager





# It's not too late to join our NAWASH Business & Services Directory

**Attention** All Businesses, Trades People, Trainers, and Self-Employed Nawash Band Members:

We are creating a **Business and Services Directory** for our Nawash community.

This directory will be provided to all community members so they are informed of businesses and services available on our reserve. The information gathered will be posted on our website, social media pages and newsletter.

Businesses and Services include the following and much more.

**Do any of the following describe you?**

- You **own a business** in Neyaashiinigmiing (i.e., gas station, restaurant, store, etc.)
- You provide **services** such as landscaping, hunting for others, fishing for others, etc.
- You are **self-employed** / a **trades person**: (i.e., you are a licensed plumber, mechanic, electrician, millwright, etc.)
- You **train, teach, tutor**, offer **apprenticeships** (i.e., you offer electrical apprenticeships, you are a language tutor, you provide lessons to make skirts, moccasins, music lessons, etc.)

## **IMPORTANT NOTE**

To be part of the directory, the following criteria applies:

- 1) The Business and/or Service must be available **in** the Neyaashiinigmiing Community
- 2) Businesses and Skilled Trades People are eligible for listing in the Directory
- 3) Skilled Trades People must be Nawash Members who offer services in the Neyaashiinigmiing Community
- 4) The Company is Majority owned by a Nawash Member(s)

**If the above describes you, please fill out the form.** Forms can be picked up from the Administration office.

**Please note this information will be available on public platforms.  
It will be possible for others outside of the community to contact you.**

If you would like to fill out the electronic form instead, please visit our website: [www.nawash.ca](http://www.nawash.ca).  
The link is located on the left-hand side on our home page.



If you have any questions, please reach out to Nahleena - Communications Manager at: 519.534.1689 ext. 232 or email: [communications@nawash.ca](mailto:communications@nawash.ca)