

Intranasal Naloxone

can temporarily reverse opioid overdoses. Opioids include:

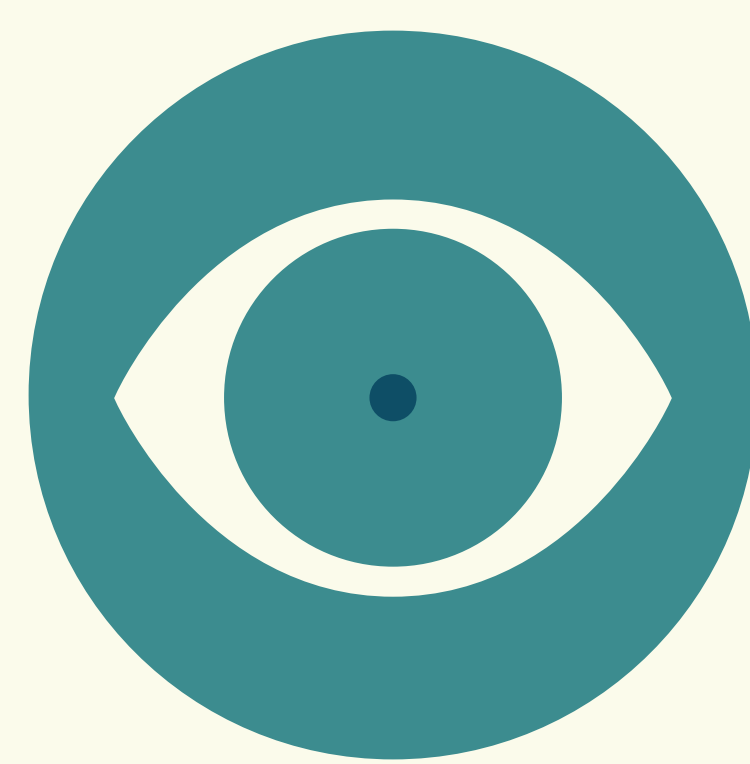
{ Codeine Demerol Hydromorphone Heroin Oxycodone
Dilaudid Morphine Buprenorphine Fentanyl Methadone

1

Signs of an Opioid Overdose



Soft/no breath
or snoring



Pinpoint
pupils



Blue lips, nails,
or skin



Cold,
clammy skin



Limp
body



Doesn't respond
to shouting

2

Call 911

3

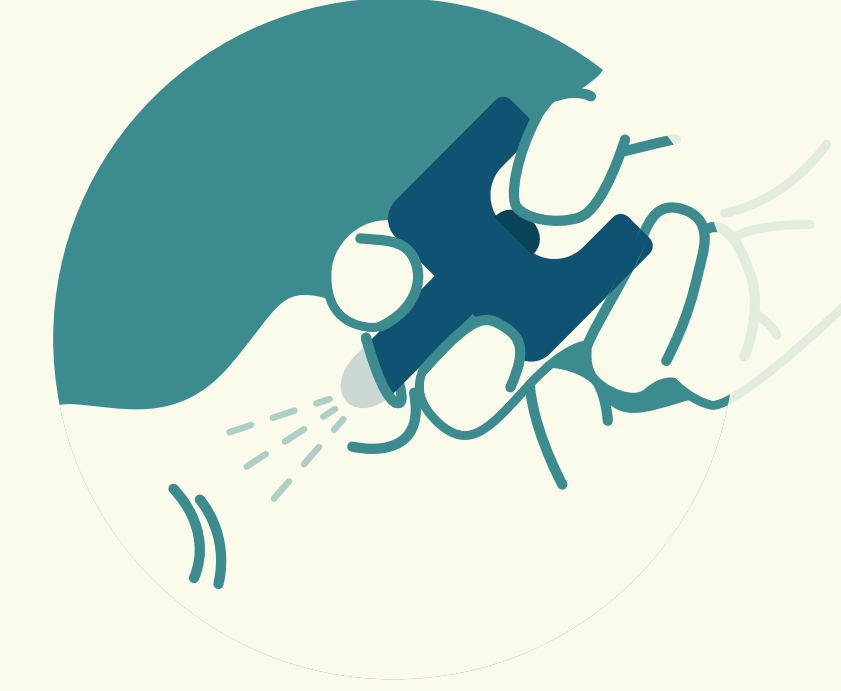
Give Naloxone



Peel the
package open



Place your thumb
on the plunger



Press plunger
firmly into nostril

4

Check The Person's Breathing

Breathing



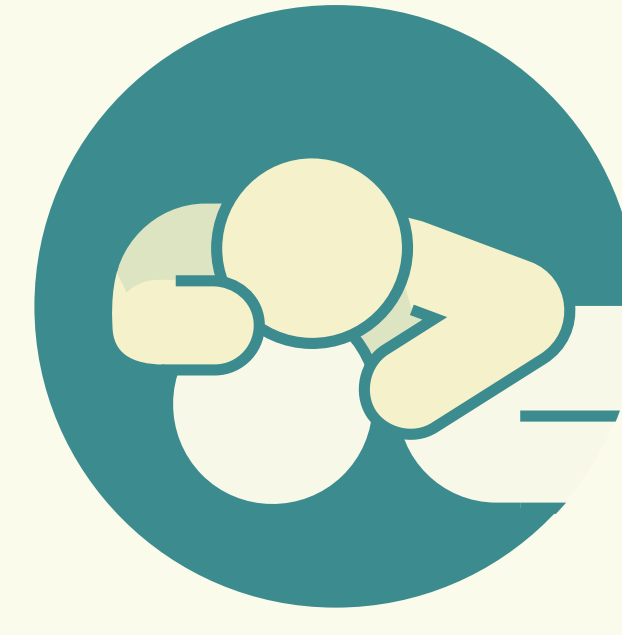
Put person in
recovery position

- Hand supports head
- Knee stops body from
rolling onto stomach

Rescue breathing:
Tilt head back, lift
chin, pinch nostrils
closed, give breaths

Compressions:
Push hard and fast in
center of chest to the
beat of *Stayin' Alive*

Not Breathing



Give rescue breathing
and/or chest compressions

5

Stay Calm

If no improvement after 2-3 minutes, give another dose and continue rescue breathing and/or chest compressions until help arrives

More info:

<http://harmreduction.org/issues/overdose-prevention/overview/overdose-basics/>
<http://www.ccsa.ca/Resource%20Library/CCSA-CCENDU-Take-Home-Naloxone-Canada-2016-en.pdf>
<http://www.albertahealthservices.ca/info/page12491.aspx>
<http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6423a2.htm>

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